

AWA 2018-19 SEASON EVENT GRID

Date	Day	Program	100m	200m	400m	800m	1500m	3000m	5000m	10km	80/90/100/110 mH	200mH	400mH	2km SC	3km SC	Walks	Shot Put	Discus	Javelin	Hammer Throw	Seated Throw	Long Jump	Triple Jump	High Jump	Pole Vault	Heptathlon	Decathlon
28-Oct	Sun	A + 10km walk		X		X		X				X	X			10km	X		X		X	X		x*			
2-4-Nov		All Schools																									
9-Nov	Fri	B	X		X		X				X				X	1500m		X		X			X	x*	X		
16-Nov	Fri	C + SC 10km	X	X		X				X		X	X				X		X		X	X		x*	X		
25-Nov	Sun	D	X		X		X				X				X			X		X			X	x*	X		
30-Nov	Fri	A		X		X		X				X	X				X		X		X	X		x*			
9-Dec	Sun	B	X		X		X				X				X	3km		X		X			X	x*	X		
14-Dec	Fri	C	X	X		X			X			X	X				X		X		X	X		x*	X		
20-Dec	Thurs	D	X		X		X				X			X				X		X			X	x*	X		
5-Jan	Sat	A		X		X		X				X	X				X		X		X	X	X	x*			
12-Jan	Sat	B + SC Multis D1	X		X		X				X				X	5km		X		X			X	x*		X	X
13-Jan	Sun	SC Multis D2																								X	X
18-Jan	Fri	C	X	X		X			X			X	X	X			X		X		X	X		x*	X		
23-Jan	Weds	D	X		X		X				X							X		X			X	x*	X		
1-Feb	Fri	A		X		X		X				X	X				X		X		X	X		x*	X		
8-Feb	Fri	B + SC 10km Walk	X		X		X				X				X	10km		X		X			X	x*			
15-17 Feb	Fri-Sun	WA State Champs																									
23-Feb	Sat	C+ Multis D1	X	X		X			X			X	X		X		X		X		X	X		x*	X	X	X
24-Feb	Sun	Multis D2																								X	X
7-Mar	Thurs	D	X		X		X				X			X				X		X			X	x*	X		
13-Mar	Weds	A		X		X		X				X	X				X		X		X	X		x*	X		
22-Mar	Fri	B	X		X		X				X			X	5km		X		X		X	X		x*			
Competition opportunities			13	9	9	9	9	5	3	1	9	9	9	5	6	6	9	9	9	9	9	9	9	9	12	2	2

* Select division restrictions apply for High Jump - see the 2018-19 Track & Field Programs for further details
 See AWA Competition Rules and Regulations for special event conditions.