



2017 – 2018
State Championships
19 – 21 January 2018
Rules & Regulations

This handbook will only be available electronically on Athletics WA website with direct links to relevant information and specifications to maintain currency.

The following information, rules and regulations are provided for the Athletics WA 2018 State Championships.

Draft program of events

Click on the following for a draft program of events

<http://www.waathletics.org.au/Portals/34/1718Season/2018%20Athletics%20WA%20State%20Champs%20DRAFT%20Time%20Table.pdf>

Remember to check the final program for any changes to the program.

In events where heats are scheduled but not required the final will be run at the FINAL time.

RULES & REGULATIONS

Athletics WA staff and officials are responsible for the programming and conduct of the Go for 2 & 5 2018 State Championships in accordance with the IAAF and such other rules as prescribed by Athletics WA.

Athletes must be 12 years of age, or subject to an exemption, and a registered member of Athletics WA before being able to compete in the Championship.

Athletes must be registered with Athletics WA (either through their club or directly as an Independent member) and /or an authorised interstate or international visitor.

The competition entry and late entry process is:

- Competitors must be current registered members of Athletics WA to compete.
- Enter online before 5pm 16 January 2018.
- A provisional start list and final timetable will be published following the closure of entries.
- Late entries will only be accepted subject to availability at the TIC (no later than 45 minutes before the event start time) and will cost \$20 per event, plus \$10.00 if not already entered. AWA has the right to refuse any late entry nomination.
- Late entry athletes will be graded at the discretion of Athletics WA for their event.

If no entries are received for an event by the closing date, this event will be removed from the program and no late entries will be accepted. Late entries are to be submitted at TIC located at the finish line end of the stadium underneath the grandstand.

Scratching: Athletes are asked to notify the TIC of their intention to scratch no later than 30 minutes prior to the start of the event.

CLOTHING & REGISTRATION NUMBERS

All competitors must wear the approved uniform of their club and their current registration number securely attached by each corner to the back and front of the top. If an athlete is an

Independent AWA member, they must wear the Independent Athletics WA uniform. LAWA Independents can wear either their centre or club uniform.

In track events, the Track Marshal shall be responsible for the athlete to be correctly attired.

In field events, the Chief Judge in charge of the event is responsible for the athlete to be correctly attired, and may prevent incorrectly attired athletes from competing.

All athletes may have their footwear checked by a member of the Call Room, Starting Panel or Field Referee at any time.

Athletes must wear both their current registration numbers (Bib – front and back) to compete except in the ‘jumping’ events where one bib may be worn on the front or back only. An athlete shall not deface or cut off any advertisement material printed on the issued registration number, the whole of which must be visible. It is the responsibility of all officials of the event to check that athletes are wearing the current registration number correctly.

Call Room

It is the intention of AWA to implement a Call Room within the competition program, but this is solely dependant on the AWA Clubs providing sufficient volunteers to supplement our current list of officials. If a Call Room is implemented the following will apply:

Athletes must report to the Call Room prior to the prescribed times for their specific events:

Pole Vault	70 mins
High Jump, Discus, Javelin, Hammer	45 mins
Long & triple Jump, Shot Put	35 mins
Hurdles, Wheelchair Track, Seated Throws	20 mins
Other track events	15 mins

In the Call Room, athletes will be expected to demonstrate that their competition uniform, numbers, shoes and other equipment comply with the competition rules. Athletes will proceed to the start of their event from the Call Room accompanied by a Call Room Official. Athletes who proceed to the event not accompanied by an official may not be allowed to start.

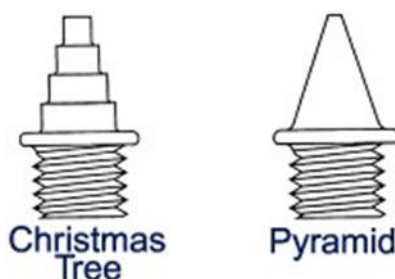
If athletes have another event that clashes they will need to fill in a ‘Clash of Events’ form and hand to the Call Room Officials when they go there for the first event. The Officials note the clash on the paperwork of the 2 events involved. The athlete will then be escorted from the first site to the other by an Official.

In the event insufficient volunteers are forthcoming athletes must report to officials at the nominate event site. (At a time to be advised.)

SPIKES

To maximize performance and prevent damage to the Mondo surface, athletes must not use sharp spikes that will penetrate the surface. The only spikes permitted for use on the track are Christmas Tree, pyramid or cone shaped. For all training and competition, the spikes must conform to the below rules;

- Track spikes must not exceed 7mm
- Long Jump, Triple Jump & Pole Vault spikes must not exceed 9mm
- Javelin and High jump must not exceed 12mm



FIELD EVENTS

The following rules will apply for all throwing events.

Additional throws for top eight competitors.

- U18, U20 & Open athletes will have 3 additional trials for the top 8 athletes.
- U14 - U17 will only have one additional trial for the top 8 athletes.

Age and implement weights specifications can be found at the following sites:

Able body athletes throwing implement weights

<http://athletics.com.au/Portals/56/Competition/Documents/AA%20Specifications%20as%20at%20July%202013%20.pdf>

Para athletes throwing implement weights

<http://athletics.com.au/LinkClick.aspx?fileticket=UAvxrnoBC-g%3d&portalid=56>
(Athletics Australia website reference compete/rules-technical information)

Horizontal Jumps

The following rule will apply to horizontal jumps for all athletes other than U18, U20 & Open athletes, who will have three additional trials for the top eight.

All athletes will have three trials and at the conclusion the best eight athletes will have one (1) further trial. The order for the final trial will be reversed.

All field events will be officiated under the new IAAF time rules.

COMPETITION SITE

No warm up is to take place at a competition site without an Athletics WA official present to supervise the athletes.

If a competitor has entered a field and track event that are being conducted simultaneously the track event must take precedence. The athlete must seek leave from the field site and once competed in the track event return directly back to the field site.

The officials will make every effort to accommodate the athlete's trials within the confines of the rules.

EQUIPMENT

Athletes wishing to use private implements must have them checked and stamped by the Athletics WA Technical Manager. Implements must be handed in to be weighed no later than one hour before the start of the program. This must be done before every competition.

No other private implements may be taken on to the field until checked.

No private blocks are to be used during the competition, only Athletics WA / Venueswest blocks can be used.

Starting blocks must be used for all races up to and including 400 metres (including 4 x 200m and 4 x 400m relays). (IAAF Rule 162.9).

No competition equipment is permitted to be taken away from the designated competition site without approval from an official.

Vertical Jumps Rule exception

In both pole vault and high jump, when a competitor is within 5cm of a Western Australian state record or a qualifying standard for Australian Championships or International competition, for which he/she has not already qualified, the competitor may request a rise of a smaller increment and the event then to continue to completion.

TRACK EVENTS

No trials shall be permitted after the Starter or Official in charge has called the competitors to move to their position approximately 3m behind the start line.

Athletes are to marshal at least 10 minutes prior to the start time of their event at the appropriate starting area. (To be confirmed depending on establishment of a Call Room)

STARTING RULE

False Start Rule

Any athlete responsible for a false start shall be disqualified.

If a heat of any event consists entirely of Under 14 athletes the second athlete responsible for the false start will be disqualified. (IAAF Competition Rule 162.6 & 127.7)

For under age and open para events the start rule will be applied as per individual classification standards.

Progression from heats to finals

Two (2) heats – First 3 from each heat and the next fastest 2

Three (3) heats – First 2 from each heat and the next fastest 2

Four (4) heats – First from each heat and the next fastest 4

Five (5) heats – First from each heat and the next fastest 3 and so on.

Eight (8) lanes will be allocated for finals but Athletics WA reserves the right to utilise available additional lanes if it considers insufficient competitors are available to activate progression table. (Athletics WA retains the right to run 10 athletes in a 100m final.)

COACHING

Coaches are not permitted at any time in the competition arena. They must remain outside the competition area or in the prescribed area, unless they are officiating / helping on the event or authorised by an official at that site.

The competition arena is any part of the stadium that is covered by the blue track.

Coaches are allowed on the grassed areas around the stadium but not on the infield.

SAFETY

Competitors and Officials must respect IAAF Rules specifically concerned with safety issues especially in Throwing Events:

IAAF Rule 180.2 Once a competition has begun, competitors are not permitted to use, for practice purposes:

- The runway or take-off area
- Implements
- The circles or the ground within the sector with or without implements

IAAF Rule 187.18 After each throw, implements shall be carried back to the circle or runway and never thrown back.

Competitors must not cross the infield area during any athletic competition.

Specifications for all events are detailed separately within this folder.

PROTESTS

Protests relating to matters which develop during the conduct of the program should be made within thirty (30) minutes after the event concludes. In the case of track results, half an hour after the result is posted. The time of the original verbal appeal must be noted.

Any protest shall, in the first instance, should be made verbally to the referee by the athlete or by someone acting on their behalf. The referee may decide on the protest or may refer the matter to the Jury. If the referee makes a decision, there shall be the right to appeal to the Jury within 30 minutes.

An application to the Jury of Appeal MUST be made in writing and signed by a responsible club official on behalf of the athlete or by the athlete and accompanied by a deposit of \$50.00 before the appeal is heard. The deposit will be forfeited if the appeal is frivolous or not allowed.

RECORDS

Competitors whose performances are close to existing Records and who require extra watches or Officials for a record attempt, must advise Athletics WA at least two days prior to the event.

Athletics WA has two recognised classifications for State records:

1. State records, which only registered Athletics WA athletes may claim at any sanctioned competition (world-wide).
2. All Comers records, which any athlete who competes at any sanctioned Athletics WA competition is eligible.

Any athlete wishing to claim a State record or State title must have been a permanent resident in Western Australia for 6 months.

Athletics WA State records are updated regularly and found at:

<http://www.waathletics.org.au/Portals/34/Rankings/Records/AWA%20State%20and%20Allcomers%20Records%20updated%20April%202017.pdf>

TRAINING WA ATHLETIC STADIUM

No training for any event will be permitted prior to or during any Athletics WA competition unless special approval is granted.

ETIQUETTE

Athletics WA expects all athletes, coaches and officials to embrace their relevant codes of conduct, which documents the minimum standard of good behaviour. Athletics WA is responsible, and takes this responsibility seriously, for investigating and enforcing our Members Protection Policy.