

TABLE OF CONTENTS

Athletics WA Directory	2
Annual General Meeting	3 – 4
Chairman’s Message	5 – 6
Chief Executive Officer’s Report	7 – 10
❖ Management	7
❖ Development	8
❖ Coaching and Officials	8
❖ Competition & Events	8 – 10
Programs and Events 2008/2009	11 –
❖ Strive Track and Field Season	11
❖ WA State Championships	11
❖ 87th Australian Athletics Championships & Selection Trials	11 – 12
❖ WA All Schools Championships	12
❖ Pacific School Games inc. 2008 Australian All Schools and Youth Athletics Championships	12 – 13
❖ Australian U20 & U23 Championships	14
❖ Development	14
- Schools Knockout	14
- Regional Development	14 – 15
- Little Athletics Transition Program	15
- Junior Elite Squad	15
- Coach Development	16
- Officials Development	16 – 17
❖ Out of Stadium	18
- 2009 State Cross Country Season	18
- Synergy Gallipoli Run	19
ValeVic Nolan	20 – 21
2008/2009 Audit Report	22
2008/2009 Financial Statements and Reports	23 – 28
2008/2009 Season Results	29 – 38

ATHLETICS WA DIRECTORY

- **Life Members**

The following individuals have been recognized for their significant contributions to athletics in Western Australia and are Life Members of Athletics WA:

Patricia Carr	Geoff Garnett	Persephone Lazarakis
David Carr	John Gilmour	Anne Masters
Jacqui Cattermole	Valerie Hancock *	Ray Mawson
Rick Cattermole	Joan Harris	Ellen McKenzie *
Robert Chalmers	Robert Harris	Fred Napier *
Gwen Chester *	Arthur Hindle *	Ed Neimanis *
William Collier *	Ross Holland	Pamela O'Connell
Martin Crowe	Kevan Hook	Valerie Prescott
Frank Day *	EV Horsley	Jeanette Robertson
Shirley de la Hunty *	Beris Johnson	Bruce Stanton
Margaret Devine	Terry Jones	June Streeter
Jacqui Dufall	Don Keane	George Tempest *
Brian Foley *	Doug Lambert	Mavis Tempest
Jackie Halberg	Stephen Stingemore	Bruce Wilson
Lyn Foreman	Steve Mladenis	Lindsay Glass

* Deceased

- **Athletics WA Merit Holders**

Lindsey Glass	Clive Murtha	Stephen Stingemore
Kate Glass	Shirley Sardelich	Eric Weigel
Yvonne Flavel	Anne Stingemore	Lyn Weigel

- **WAAC Board Members**

Stephen Stingemore (Chairman)	Cameron Yorke
Russell Stranger (Deputy Chairman)	Bob Schickert
Peter Bacich	Wendy Ryan
Steven McMahon	Chilla Porter
James Taylor	

- **Staff Members**

<i>Chief Executive Officer</i>	<i>Administrative Assistant</i>
Wayne Loxley	Joanna Clucas July - November
	Emma Simmons October - June
<i>Development Officers</i>	<i>Accountant Consultant</i>
Kylie Wheeler	Bronwyn Christie
Adam Erceg	
	<i>Book Keeper</i>
	Roslyn Rogers

ANNUAL GENERAL MEETING

Western Australian Athletics Commission (Inc)

2008 ANNUAL GENERAL MEETING

5.30pm
Tuesday 21st October 2008
Witch's Cauldron
Rokeby Road
Subiaco

1. Present: P. Bacich (Chairman), S. Stingemore (D/C), C. Porter, S. McMahon, C. Yorke, J. Taylor, W. Ryan, B. Schickert and W. Loxley (CEO).

Apologies: R. Stranger

The Chairman opened the meeting at 5.45 pm, apologizing for his late arrival and welcomed all in attendance.

2. Minutes of the Previous Meeting:

It was moved J. Taylor and seconded C. Porter that the minutes be accepted as a true and accurate record of the meeting. Carried unanimously.

3. Business Arising: None

4. 2007 / 2008 Annual Report:

It was moved S. Stingemore and seconded W. Ryan that the Annual Report be received. Carried unanimously.

B. Schickert advised that Arthur Hindle had passed away several years ago and should be noted as such on the Life Members list.

5. Annual Accounts and Auditor's Statement for 2007 / 2008

It was moved S. Stingemore and seconded S. McMahon that the accounts and audited statement be accepted. Carried unanimously.

6. Election of Board Members

The Chairman asked the CEO if any nominations had been received and Mr Loxley advised that there had not been any nominations resulting from the advertisement on 15th August. He had received written nominations from the retiring members P. Bacich, W. Ryan, S. McMahon and R. Stranger seeking re-election.

The Chairman requested that the Deputy Chairman assume the Chair while his nomination was proposed to the meeting. It was moved C. Porter and seconded B. Schickert that P. Bacich be re-elected to the board for a two year period. Passed unanimously.

P. Bacich resumed as Chairman and the following nominations were moved individually.

It was moved B. Schickert and seconded J. Taylor that W. Ryan be re-elected to the board for a two year period. Passed unanimously.

It was moved S. Stingemore and seconded W. Ryan that S. McMahon be re-elected to the board for a two year period. Passed unanimously.

It was moved S. McMahon and seconded S. Stingemore that R. Stranger be re-elected to the board for a two year period. Passed unanimously

7. Election of Office Bearers.

The Chairman reminded the meeting that in accordance with the constitution, he would not be standing for re-election and asked the CEO if any nominations had been received for the position of Chairman. He was advised that a nomination had been received from S. Stingemore and with no other nomination, it was moved S. McMahon and seconded J. Taylor that S. Stingemore be elected Chairman. Passed unanimously.

Mr Bacich suggested that as he was Chairman until the conclusion of the meeting that he continue in the Chair and asked if any nominations had been received for the position of Deputy Chairman. The CEO advised that he had received a nomination from R. Stranger and with no other nomination, it was moved J. Taylor and seconded W. Ryan that R. Stranger be elected as Deputy Chairman. Passed unanimously.

8. Election of Auditors and Agree to Remuneration.

The Chairman asked the CEO to comment on the current position and he advised that Francis A. Jones had been the auditors for several years, were familiar with the systems in place and had provided a quote of \$2200 (inc GST) to continue. It was moved S. McMahon and seconded B. Schickert that they be re-appointed. Agreed unanimously.

There being no further business the meeting was closed at 6.00 pm.

CHAIRMAN'S MESSAGE

The 2008 – 09 athletic season has seen significant benefits achieved for the sport of athletics in Western Australia. The track season culminated in a one hundred percent increase in athletic competitors and twenty percent increase in officials. These figures represent the efforts of AWA in promoting a style of competition, which is attractive and accessible to all members of the community, both the serious and casual athlete. Considering this was the last season for competitions to be conducted at the 'old and tired' Perry Lakes Stadium the increase was very rewarding.

On Tuesday 26 May 2009, the new 'WA Athletic Stadium' was officially opened by the Premier of WA, Mr Colin Barnett MLA. Athletics Western Australia (AWA) staff are now accommodated at the new stadium. The management of the Stadium has now been transferred to Venues West on behalf of the WA Government with AWA as the principal tenant. Financial negotiations between AWA and VenuesWest, to date, has resulted in a positive outcome for all parties to enable AWA to look confidently to a sound financial future for the sport.

To celebrate the official opening of the WA Athletic Stadium a competition was held on the following Thursday where the track was confirmed by competing athletes as *fast*. This competition was followed by the End of Season Award night and presentation of life membership award to AWA members. During the evening many fond memories were recited concerning the old stadium.

Official competition commenced at WA Athletic Stadium on 1 July 2009 resulting in the sad closing of the Perry Lakes Stadium. The forthcoming season will present many new challenges for the athletic fraternity, which AWA acknowledges will change established cultures. It is an exciting time for all with a new stadium and scheduling of competition programs. Accordingly, AWA encourages and seeks your ongoing support and commitment during these new initiatives.

AWA has doggedly continued to endeavour to bring together all athletic bodies within Western Australia. A major step forward was achieved in early 2009 with the Western Australia Little Association (WALA) and AWA agreeing and promoting a joint statement re-commencing 'The WA Athletics Alliance' project. Both WALA and AWA publicly broadcasted their commitment to developing mutual cooperation and encouraged their respective members and stakeholders to support the project and to provide active and positive participation. Both AWA and WALA have taken many positive steps forward to progress this statement. AWA has publicly stated and confirmed by our commitment that athletics in Australia must be brought together as 'one' to ensure the best and most efficient outcome for the sport and the Western Australian community.

AWA during the past year has moved forward with a *hop, step and jump* but this has been encouraged and made possible by the ongoing support of the WA Government. With this support AWA has been able to acquire the 2010 Australian National Championships for the first time in many, many years. The Board of AWA formally extends its thanks and appreciation to the WA Government for the many opportunities to promote and develop the sport of athletics.

In concluding, on behalf of the Board of AWA the efforts of the AWA staff are acknowledged, in particular, the Chief Executive Officer, Mr Wayne Loxley, whose efforts during the past year have been tireless and inspirational. It is also my personal pleasure to acknowledge the commitment of the officials who week in and week out provide the *mat* from which athletes spring forward.

It is with confidence the Board of AWA can advise the Western Australian Athletic Community that AWA is well placed to move forward during the 2009-10 season.

CHIEF EXECUTIVE OFFICER'S REPORT



Chief Executive Officer – Wayne Loxley

The year started with our focus on the Beijing Olympics and the performance of the Australians and in particular, that of the four West Australians in the team. Steve Hooker, Kylie Wheeler, John Steffenson and Paul Burgess were all selected with the former two performing at their best at this level of competition.

The performance of Hooker is now part of Australian sporting folklore as he became the first Australian to win a field gold medal for 40 years and claimed an Olympic record with a jump of 5.96m. It does not however do this performance justice to merely cite statistics, as impressive as

they are, but it was more the way in which he achieved the feat by claiming the gold and the record at the third attempt on each occasion.

Kylie Wheeler made her final and best international appearance in Beijing, achieving a top ten finish in the heptathlon. Kylie announced her retirement early in 2009 drawing a close to an outstanding career that included six consecutive National heptathlon titles and being named joint captain of the Australian team that competed at the 2006 Melbourne Commonwealth Games. Kylie retires as one of WA's most popular track and field athletes of all time.

In addition to this report covering an Olympic year, the period also provided the biggest infrastructure change to the sport for more than 40 years. The WA Athletics Stadium was finally opened by Premier Colin Barnett MLA, on Tuesday 26th May and the athletics fraternity celebrated the new facility with their own opening the following Thursday. It is important to note the careful planning that was undertaken by the Athletics WA board in ensuring this facility is designed for maximum athlete performance. This is in direct contrast to Perry Lakes Stadium that was designed with the grandstand facing east, to ensure the Queen and fellow dignitaries did not face into the sun at the opening of the 1956 Empire Games. The legacy of this decision was that athletes who competed at Perry Lakes invariably ran into the south west breeze and a subsequent headwind.

It is with pleasure that I submit this report for the activities that relate directly to the Key Performance Areas of the 2008 / 2009 Athletics WA business plan.

Management

Anyone who has followed the recent history of this sport in WA and throughout the country will be aware of the dysfunctional relationship that has often existed between senior and little athletics.

It is with great anticipation that I can report that Athletics WA and WA Little Athletics have re-commenced "*The WA Athletics Alliance*" project to identify opportunities for the integration of junior and senior athletics in Western Australia. There is a commitment to an agreed stepped process identifying realistic timelines and milestones to proactively work towards unifying the sport of athletics in Western Australia. This alliance was agreed to in May and the meetings between the representatives of each group since that time have been the most productive and positive for many years.

During this period Athletics WA also assumed the management of the West Coast Athletic League (WCAL) and rebranded this arm of the sport Pro Running. The committee of the WCAL is to be congratulated on their contribution to the sport over many years.

These two developments are cause for optimism in the quest for one administration to coordinate and manage athletics in Western Australia.

Athletics WA continues to operate profitably showing another solid profit for the year. This return is even more pleasing when it includes the relocation to new offices at the WA Athletics Stadium which we are confident will allow the sport to increase the membership base and market itself in a more commercial manner.

Development

The year began with Athletics WA trialling a new program called Trakstart in several Little Athletics centres. This modified, age appropriate program was piloted in the 7 – 8 year age group and was received well in the various centres. It is hoped the introduction of this pilot program is a forerunner to the sport offering a similar program throughout primary schools and community centres in future years.

As discussed in the above management summary, there has been a significant shift in the position with Little Athletics which has resulted in a range of new initiatives and strategies developed in this area which augers well for the future.

Coaching and Officials

The Athletics Coach Accreditation Framework, jointly supported by Athletics Australia, the Member Associations, ATFCA and the Australian Sports Commission was introduced this year.

This has resulted in Athletics Australia, as the National Sporting Organisation recognised by the Australian Sports Commission, being responsible for coach accreditation and education and they will work with the State Member Associations and the ATFCA to deliver what is required.

The primary focus is to ask all clubs to recognise, employ, endorse and support only Accredited Athletics Coaches, from 1st January 2010. This will hopefully ensure only those coaches with the appropriate coaching and personal skills will be involved in the delivery of the sport.

On a local level Athletics WA continued to offer its support to the development of coaching through a close liaison with the WA branch of the Australian Track and Field Coaches Association. We would like to make special mention of Brad Walsh for his outstanding contribution in his coordination of the coach accreditation program.

I would like to personally thank all of our officials for their untiring efforts as they continue to be the backbone of our sport.

It was a pleasure to have them join in the celebrations of opening the new facility as many of them have been waiting a lifetime for it and we hope they enjoy their new surrounds in the seasons ahead. We will be looking to introduce some new strategies to hopefully attract some new officials to bolster our ranks.

Competition & Events

After 46 years, the 2008 / 2009 season was the last held at Perry Lakes Stadium and there were a series of events for officials, coaches and athletes to bid their farewell. After such a long time and with little maintenance to the facility, it was a credit to the original rekotan surface that the track lasted as well as it did. Perry Lakes has provided the opportunity for hundreds of thousands of West Australians to participate in athletics and many to represent their country at Olympic and Commonwealth Games.

The opening of the WA Athletics Stadium has provided the opportunity for Athletics WA to bid for the National Championships and we have been successful in this process. For the first time in 22 years our athletes will have the chance to compete on their home track and as these Championships also serve as the Selection Trials for the 2010 Commonwealth Games, they will be competing against the best talent available in the country.

Securing the Nationals also provides a boost for officials, coaches and the broader athletics fraternity because for many, this will be their first involvement in a home National Championships.

A record number of 616 participants took part in the 2009 Synergy Gallipoli Run which was held in the picturesque surrounds of the Synergy Parkland in Kings Park on Sunday 19th April, commencing at 9.00am.

Race patron and Changhi survivor John Gilmour addressed the crowd in attendance highlighting the Anzac spirit and the importance of all West Australians remembering the efforts of his war colleagues. Participants included Olympic Champion Steve Hooker who completed the 4km course and the Attorney General Christian Porter displayed his fitness by completing the 8km in less than 35 minutes.

All sporting bodies rely on the support of partners and I would like to thank the Department of Sport and Recreation who continue to provide far more than financial support as we look to develop and promote the sport. The provision and design of the new WA Athletics Stadium is the most visible example of this support and this has been achieved through successive governments having the will to ensure this sport has the opportunity to compete with its competitors. The Department, and in particular our consultant Evan Stewart, has also provided excellent leadership in facilitating the prospective merge of junior and senior athletics.

We are also grateful to our other partners including Healthway, Synergy, The West Australian, Channel 7 and Radio 6PR.

I am also very fortunate to work with a small and dedicated team who continue to fulfill their roles in a professional manner and I thank Adam Erceg, Kylie Wheeler, Emma Simmons and Bree Francis for their on - going commitment.



Bree Francis – Administrative Assistant

Sporting associations are renowned for their regular staff turnover and this is often a result of the operational focus of the board and their reluctance to allow the staff the opportunity to pursue the role with a level of creativity and independence. Our team is fortunate that this is not the position with the Athletics WA board and I would like to thank the Chairman Stephen Stingemore for his leadership of the board, and for his

personal support. My gratitude is also extended to all other board members for their continued focus on the governance issues.

I look forward to all members of the athletics fraternity joining us in our new adventure at the WA Athletics Stadium!

PROGRAMS AND EVENTS 2008/2009

❖ Strive Track and Field Season

The 2008/09 Strive Track and Field Season commenced on the Saturday the 4th October, 2008 and ran through to the 8th March, 2009. The 2008/2009 Strive Track and Field marked the conclusion of all events held at Perry Lakes Stadium as we eagerly awaited the completion of the new WA Athletics Stadium utilising design and constructional prowess, maximising the conditions experienced in Western Australia. All the interclub competitions were held at Perry Lakes Stadium with a mixture of Saturday afternoons and Sunday morning's competitions. The John Gilmour Classic – State 10 km event & 10km State Race Walking Championships were held at Ern Clarke Athletic Centre, Cannington.



Competition Officer – Emma Simmons

There were seven WA records broken this season which included Kim Mickle stretching the tape in the javelin on three separate occasions. Congratulations to the following athletes on setting new WA records:

Breanna	Beahan	U18 Women's 100m Hurdles	30-Nov-08	13.54	Canberra
Matthew	Cowie	U20 Men's Shot Put	4-Apr-09	17.29m	Adelaide
Steve	Hooker	Open Men's Pole Vault	7-Feb-09	6.06m	Boston
Kimberley	Mickle	Open Women's Javelin	28-Feb-09	60.68m	Sydney
Kimberley	Mickle	Open Women's Javelin	8-Mar-09	61.42m	Perry Lakes
Kimberley	Mickle	Open Women's Javelin	14-Mar-09	63.49m	Perry Lakes
Susannah	Stockwell	U16 Women's 2000m Steeple Chase	14-Mar-09	7.14.7h	Perry Lakes

❖ WA State Championships

Conducted on the weekend of 13th – 15th March, at Perry Lakes Stadium. The championship saw some amazing individual performances to farewell all competition at the stadium. 323 athletes competed in 174 events.

Some of the highlights from the Championships were:

Brooke Pires-Parenzee:	Gold U16 100m, Gold U16 200m, Gold U16 400m
Ellen Pettit:	Gold Open High Jump
Brianna Beahan:	Gold U20 100m, Gold 100m Hurdles (84cm)
Courtney Carter:	Gold Open 5000m, Silver Open 1500m Run
Andrew Emsavana:	Gold U18 200m, Gold U18 110m Hurdles (91cm)

❖ 87th Australian Athletics Championships

The 87th Australian Athletics Championships and Selection Trials will incorporate the Australian Open & U20 Combined Events Championships and the Australian Interstate Youth (U18) Match.

Twenty eight WA athletes travelled to Brisbane to compete in the championship event which was held at the Queensland Sport & Athletics Centre, Kessels Road, Nathan from Thursday the 19th to Saturday the 21st March.

The event will serve as the selection trials for the Australian team to compete at this year's world championships to be held in Berlin, Germany in August. As such, all Australian athletes will be determined to perform to the best of their ability and to book their ticket to Germany.

It was a successful championship with the WA contingent of 28 athletes travelling and collecting 11 medallions, 1 Gold medal, 3 silver medals and 7 bronze medals.

The results below highlight the success of the West Australians:

Kim Mickle	Gold Open Javelin
Amanda Bisk	Silver Open Pole Vault
Larissa Perry	Silver Open Long Jump
Ellen Pettitt	Silver Open High Jump
Thomas Brennan	Bronze Open High Jump
Jody Henry	Bronze Open 200m
Shannon McCann	Bronze Open 100m Hurdles
Liz Parnov	Bronze Open Pole Vault
Vicky Parnov	Bronze Open Pole Vault
Lyndsay Pekin	Bronze Open 400m Hurdles
Dane Richter	Bronze Open 400m Hurdles

❖ **WA All Schools Track and Field Championships**

WA's premier High School Track and Field meet, the WA All Schools Track and Field Championships was host to almost 480 athletes from regional and metropolitan areas across WA. The Championships were held at Perry Lakes Stadium on October 31 – November 2.

Numbers of entries for the meet were up from the previous year, and large numbers remained in the under 16 boys age group and under 14 and 18 girls. The increase in numbers was due largely to the promotion of the meet to both primary and secondary schools and coinciding with the 2008 Olympic Games.

There were some exceptional results throughout the championships but none better than Susannah Stockwell breaking the U16 girls 2000m Steeplechase record.

❖ **Pacific School Games incorporating the 2008 Australian All Schools & Youth Athletics Championships**

The Pacific School Games were held from the 30th November to the 6th December, 2008 in Canberra at the AIS Athletics Field, Bruce offering Track and Field as one of the core PSG sports in the largest youth athletics events held in Australia.

In an exciting development the 2008 PSG incorporated the 2008 All Schools Track and Field Championships. A special set of Track and Field gold, silver and bronze medals for place getters were designed to recognise the fact that the two events have been combined.

The Track and Field program provided opportunities for competitors, including athletes with a disability, to compete in both individual and relay events. Western Australia sent a large Track and Field contingent with over 140 athletes aged from 12 to 19 years. This was one of the largest teams that had been sent to a PSG championship event. The

majority of the team stayed at the University of Canberra, only a short bus ride from the AIS Track and Field Stadium. It was one of the most successful teams that has competed at a PSG with a large number of athletes winning medals in both individual and relay events.

With the rest of the AIS facilities within walking distance the WA athletes were able to show their support and team spirit by cheering on other WA teams at the basketball, swimming and diving.

The competition was a great success and thoroughly enjoyed by all involved from spectators, athletes and managers and coaches.

Congratulations to the following athletes for their exceptional performances:

Brooke Pires Parenzee	Gold 13 years 400m
Jade Bogle	Silver 13 years 400m
Rachel McCormick	Bronze 14 years 800m
Loughlyn Webb	Silver 14 years Triple Jump
Catherine Van Der Walt	Gold 15 years 800m
Tessa Maroni	Bronze 15 years High Jump
Concetta Macri	Gold 15 years Javelin
Samantha Fenwick	Bronze 16 years Javelin
Brianna Beahan	Gold 17 years 100m Hurdles
Ashlyn Chiera	Silver 17 years 400m Hurdles
Meggie Ostle	Gold 17 years Long Jump
Boys 12 years	Bronze 4x100m Relay - Joel Lamatoa, Joshua Billington, Jean-Charl Smith, Tongchai Quartermaine, 49.51
Jacob Dib	Silver 13 years 1500m Race Walk
Tim Pitcher	Gold 14 years 800m
Lionel Velho	Silver 14 years 800m
Michael Craggs	Gold 14 years 200m Hurdles
Samuel Dib	Silver 3000m Race Walk
James Davidson	Bronze 15 years 3000m Run
Jordan Dobson	Silver 15 years 100m Hurdles
Andrew Emsavana	Bronze 16 years 100m
Sean Fitzsimons	Silver 16 years 5000m Race Walk
Raheen Williams	Gold 16 years 400m Hurdles
Matthew Cowie	Bronze 17 years Discus, Gold 17 years Shot Put
Jarad Bezuidenhout	Gold 18/19 years 100m, Gold 18/19 years 110m Hurdles

❖ Australian U20 & U23 Championships

The 2009 Australian Under 20 & 23 Championships were held at the Santos Stadium in Adelaide from the 4th - 6th April, 2009. Twenty six athletes made the short trip to the competition. WA came home with a total of 21 medals of which 10 were gold, 7 silver, and 4 bronze.

Congratulations to all competitors and in particular the below list of WA gold medalists

Brianna Beahan	U20 100m Hurdles
Thomas Brennan	U20 High Jump
Matthew Cowie	U20 Shot Put
Luke Devonish	U23 Pole Vault
Anthony Lipari	U20 Long Jump
Shannon McCann	U23 100m Hurdles and 400m Hurdles
Liz Parnov	U20 Pole Vault
Larissa Perry	U23 Long Jump
Jamie Scroop	U23 Pole Vault

❖ Development

• Schools Knockout

The 18th Schools Knockout Championships provided schools an opportunity to compete against other schools prior to their athletics season and also give winning schools the chance to partake in the National Final in Melbourne. Teams entered in the meet were lower than the previous year but there were still enough girls' teams to warrant a qualifying round.

The State Final was tightly contested in the girls division with Penrhos College taking out both the Junior and Senior Girls division and Guildford Grammar School winning both the Junior Boys and Senior Boys division.



Development Officer – Adam Erceg

• Regional Development

The tour of the Pilbara region included Karratha, Tom Price and Roebourne. The tour operated from 18 May – 22 September 2009 and was coordinated by Athletics WA Development Officer, Adam Erceg with the support from Russell Mathanda and regional Department of Sport and Recreation personnel. The program reached two high schools and one college.

This was Athletics WA's first clinic conducted in Roebourne and the follow-up visits to Tom Price and Karratha.

Clinics were conducted in secondary schools throughout the Pilbara region. The aim of the sessions was to guide and prepare the schools for their regional athletics carnivals, while improving participation and providing positive experiences with athletics. Talent identification was also conducted in the High Schools and managed to recognize a small number of students with raw ability. Upon the conclusion of the clinics, a small number of athletes who showed raw athletic ability were invited to attend the 2009 WA All Schools Championship under a subsidised one week training camp prior to competition. Schools were also given five-week training programs as a follow up to maintain skills

and techniques learnt throughout the program.

The Pilbara is such a large area yet has little to no existence of an athletic club. Areas such as Tom Price, Newman, Karratha and Port Headland meet once a year for an inter school athletics carnival. There was talk of a proposed athletics club being set up in Tom Price, and this would lay a good foundation for other areas to endorse this move and create clubs within their towns that are becoming larger and more profitable due to the mining boom. More competitive athletics carnivals between towns would promote the sport of athletics to these areas.

- **Little Athletics Transition Program**



Development Officer – Kylie Wheeler

Once again the changing relationship between Athletics WA & WALA brought about another approach to the Little Athletics Transition Program. This year the focus was centered on trialing a junior program in some of the Little Athletics Centres with whom we had developed a good working relationship.

The junior program trialed with the backing of Athletics Australia was called Trakstart. It involved two of the program developers, Peter Van Miltenburg & Chris Symington from Melbourne coming to Perth for a familiarisation day with a number of potential deliverers & interested LA's personnel.

We then trialed Trakstart in five Little Athletics Centres in various formats. Inglewood & Cockburn LAC's ran the Trakstart program for their junior age groups U6 & U7 each week in conjunction with their regular competition program. They hosted 13 & 12 sessions respectively over the season with those participants competing in a couple of their 'traditional' events on the same day.

Perry Lakes, Southern Districts & Melville LAC's trialed Trakstart in a more of a showcase event, with Melville running it at two of their twilight meets during the season & the others conducting it once during their season. The Trakstart was again run for the younger age groups & in conjunction with their normal program.

In general the feedback was positive with the participants enjoying themselves, but there was a general suggestion that it should not replace the traditional athletics events which was the aim of the program.

- **Junior Elite Squad**

The Junior Elite Squad is an initiative aimed at developing and assisting talented U16 and U18 athletes before they reach WAIS scholarship level. Selection is based on World Youth qualifying standards.

This year we were in a transition phase. Athletics WA conducted a survey of previous & existing squad members in an attempt to adequately address the development needs of our junior athletes. The feedback was interesting & varied.

As a result benefits offered to the squad included;

- Concessions for AWA membership & State Champs entry fees (09/10 season)
- Opportunity to participant in an AIS camp the following season

Congratulations to the 2008/2009 Drug Free Junior Elite Squad:

Kent Adams	Andrew Emsavana	Aaron Oliver
Brianna Beahan	Sean Fitzsimons	Brooke Pires-Parenzee
Michael Craggs	Ethan Heywood	Susannah Stockwell
James Davidson	Tess Maroni	Loughlyn Webb
Jordan Dobson		

- **Coach Development**

Athletics WA once again provided travel assistance in an effort to recognise the outstanding contribution of our coaches to developing our sport. A travel subsidy was available to any Athletics WA registered coach who had an athlete achieve an Open National Qualifying performance and consequently travelled to the Championships

Eight coaches qualified this season, but only four travelled due to various reasons. Congratulations to the following coaches who travelled under the subsidy; Lenny Hughes, Lee Derby, Anne Masters and Nenad Peisker.

- **Officials Development**

2009 saw the end of another era for athletics in WA when the AAWA vacated Perry Lakes in June. It was not only those who had served the sport so well over many years who left the well worn venue to the developers however. Many fond memories of the outstanding performances achieved at the old venue also travelled with the officials to the new AK Reserve. Some vividly recall watching the athletics at the Commonwealth Games in 1962 while selling ice creams, while others remember the stellar efforts of our own athletes as they registered performances which approached and sometimes exceeded those recorded by the world's best. For many years however it has been time to move on and, while the long awaited move to the AK Reserve was probably the highlight of the year, the season was not without achievements in other areas.

International and National Selection

Marion Buchanan, Bob Chalmers and June Streeter were selected to officiate at the Pacific School Games in Canberra in December. In addition David Smith was one of four recipients of a scholarship offered by Athletics Australia designed to allow young officials to consolidate their skills at an international event under the mentorship of an experienced official. David chose Photo Finish as his specialty and since his return he has become regular member of the Photo Finish Team.

Fiona Brown, Marion Buchanan, Jacquie Cattermole, Bob Chalmers, Bev McCagh, Jeanette Robertson, June Streeter and Bruce Wilson again saw service at national events in 2008/09. Marion and Bev were also appointed for the National Walks Championships in Melbourne. Earlier in the year both were invited to attend the IAAF Course in Walks Judging - indeed fitting recognition for their proven skills in this area.

Other achievements in 2008/09 was the service badge presented to Lee Derby for 30 years outstanding service to athletics. Lee's contribution to the timely conduct of both long and triple jump events for men and women in all grades over the years has been invaluable. In addition to her assistance at AAWA events, Lee is an highly regarded coach and may be seen regularly at National Championships with her stable of promising young athletes.

On the education front, two new seminars were induced this year to familiarise interested school students and their teachers, and graded Little Athletics Officials with the IAAF rules. The seminars "Safe and Fair" and "Mind the Gap" proved to be popular with those who attended. It is anticipated that some of the participants in these new initiatives will soon become qualified through the AAOE scheme, and join other Western Australians at the National Championships to be held in Perth in April 2010.

The Legacy of Fred Napier OAM

Work is progressing on the processing of material left to the AAWA by the our esteemed colleague Fred Napier who died in 2005. Hundreds of items have been examined which, like pieces of a jigsaw puzzle, have combined to reveal the evolution of athletics in Western Australia. It is planned to supplement this rich collection of documents and artefacts in the coming years by the collection of oral histories from long standing officials.

Vale George Tempest

This year Athletics Australia and the Athletics Association of Western Australia were saddened to advise fellow officials of the passing of AA Life Governor and AAWA Life Member George Tempest. A former state middle distance champion, George is probably best remembered by Western Australian athletes as the firm but fair and infinitely knowledgeable Track Referee. During the 53 years he served the sport, George received Life Memberships of Melville Athletics Club, the AAWA and Athletics Australia. In 2000 he was a proud recipient of the Australian Sports Medal and in 2008 he received the ultimate recognition from AA – the award of Life Governorship. Sadly George did not live to see the world class facility at the AK Reserve. His passion for fair competition and skilled officials will however long be remembered by all those who benefitted from his knowledge, his mentorship and his commitment to the wellbeing of athletics in Western Australia and beyond.

Goodbye Lindsey Glass

After nearly 17 years, Throws Referee Lindsey Glass has decided to retire to concentrate on coaching. Lindsey's expertise and dedication to the throws events will be missed by athletes and field officials alike and we wish him well in his coaching pursuits.

The Future

The standard of officiating in WA is one to be proud of and again our officials must be congratulated for the professional way they have carried out their duties. With the National Championships now less than 12 months away, there is much to look forward to. It is vital however that we continue to capitalise on the expertise we have in our ranks, and capture the enthusiasm of new officials who join our team - so that our return to the national circuit in 2010 is an event to remember.

Jeanette Robertson OAM
WA OELO

❖ Out of Stadium

2009 State Cross Country Season

The 2009 cross country season began with the ever successful Sunset Coast Relay in May, which saw a record 140 athletes compete. Athletics WA conducted four events with the Clubs supporting the program with other events in various challenging and *fast* locations around the metropolitan area.

The State Cross Country championships produced some exciting races between the WA leading middle distance runners. The 'State Short Course' championships held earlier in the season resulted in a good win to Courtney Carter in the Open men's 4k in 11.38 with Roberto Busi runner up. Kelly McGinnity was successful in the Open women's 4 km race while Chris Dale, Suzannah Stockwell, David Lazarus and Charlotte Lane were successful in the U/20's and U/18's. Courtney Carter followed his success in the short course by winning the 'Long Course' championship over 12 kms in a time of 37.25 with Monique Hollick winning the women's 8km 'Long Course'.

The cross country season again produced good race attendances particularly early in the season prior to conclusion of Schools' cross country championships. The Carine and Karrinyup Relays resulted in healthy numbers and fine weather. Participation by schools athletes certainly add to friendly yet competitive atmosphere at events.

During the latter stages of the season local middle distance athletes were joined by Gilbert Kiptoo and Joel Kiplimo Kemboi of Kenya who were in Perth preparing for the Perth City to Surf Marathon where both men enjoyed the challenge of the marathon and training in Perth for several months. It was a great experience for our local athletes to train with, and compete against Gilbert and Joel.

AWA would like to acknowledge the support made by Henri Cortis and Jeff Garnett for their assistance with officiating at all AWA events. Thanks also to the WAMC for conducting the marathon, half marathon and 10km road races on behalf of AWA. Also Stirling Swans, Northern District and Karrinyup Athletics clubs for their assistance in conducting events during the season.

Special mention must be made to all the mums and dads, girlfriends, boyfriends and coaches who attended and supported the athletes on those cold and misty mornings.

Anne Stingemore

AWA Cross Country Management

2009 Synergy Gallipoli Run

A record number of 616 participants took part in the 2009 Synergy Gallipoli Run which was held in the picturesque surrounds of the Synergy Parkland in Kings Park on Sunday 19th April, commencing at 9.00am.

Race patron and Changhi survivor John Gilmour addressed the crowd in attendance highlighting the Anzac spirit and the importance of all West Australians remembering the efforts of his war colleagues. A live rendition of The Last Post was played by Scotch College bugler Jack Surrett, prior to the participants heading off in perfect weather conditions.

Participants included Olympic Champion Steve Hooker who completed the 4km course and the Attorney General Christian Porter displayed his fitness by completing the 8km in less than 35 minutes.

The winners on the day were:

8km	(M)	Courtney Carter	25.11
	(W)	Rochelle Thorpe	31.46
4km	(M)	Ethan Heywood	13.00
	(W)	Emily Loughnan	14.42



Athletics WA greatly appreciate the support of **Synergy** in the Synergy Gallipoli Run and look forward to our association and the event continuing to grow in future years.



Vale Vic Nolan

Athlete, coach

Born: Worcestershire, UK, 1927

Died: Perth, aged 81

Vic Nolan was a respected cross-country runner and athletics coach whose early life was devastated by war and tinged with loneliness. Despite these setbacks, his passion for athletics endeared him to many young runners and followers of the sport.

Vic Nolan was born in August 1927 in the small English town of Kidderminster, Worcestershire. His family soon moved to the British crown-dependency of Guernsey in the English Channel. At the outbreak of World War II, Guernsey authorities removed school-aged children from the island; both Vic and his elder brother went to the English mainland shortly before German occupation in 1940.

The pair returned after the war but there was no trace of their parents. Without belongings, 18-year-old Vic went back to the mainland, working as a gardener. He began running in England and Wales, succeeding at cross-country. Critically, he gained athletics coaching qualifications, a ticket to his ultimate calling.

Vic migrated to Perth in 1954, kicking off an illustrious record of achievement here, including the 10-mile cross-country State championship in 1956, leading to inclusion in a provisional Australian Olympic cross-country squad for the Melbourne Games, though failing to make the line-up. More WA state titles followed in the marathon and 15 mile events.

He competed successfully at track events at Leederville Oval, when athletics was feverishly popular. In a prestigious one-mile race at Leederville, he ran second to Perth's Herb Elliot, who became world champion at that distance. Often Vic raced against WA long-distance specialist John Gilmour.

Vic was single-minded and, for a time, nomadic; he drifted between Perth clubs, never married and eventually lost contact with his brother. A story suggests he was once engaged, but neither friend nor athlete could extract details.

He was a jack-of-all-trades in Boans city department store, now Myer, often contract gardening after work, using the cash to attend athletics meets overseas, including the 1964 Tokyo Games. Latterly, he enjoyed gardening at the grounds of his Dianella unit. In the 1970s, he began to train promising athletes in Perth. John Gilmour persuaded him to become a specialist running coach at Canning Districts Athletics Club, which he continued to do for the next 30 years and was subsequently awarded life membership.

At Canning Districts, he also began coaching junior athletes in the southern suburbs; he flourished and became well known in WA for an uncompromising attitude that produced high-performance juniors at state and national competitions over three decades.

Vic never had a car or driving licence. He used public transport to get to training sessions, which were always six days a week, the seventh day being for competition.

Buses and trains sometimes did not run to his schedule in which case he walked or ran.

Latterly, this could pose a problem when his mobility was affected by illness and the aging process. Just two years ago on a Sunday morning, he caught a bus and train to the city at 5am and walked to Perry Lakes for the State Little Athletics Championships.

A favourite saying was: "You are coached by Vic Nolan so get out there and win!" Under a trademark trilby to hide premature baldness, he would follow his athletes to State and school championships, sporting a dark coat and rucksack, yelling encouragement from the back straight. He was devoid of technology other than a stopwatch.

In spite of this, he was highly protective of coaching methods, even if "old-school".

Athletes were often sworn to secrecy when new techniques were divulged. Significantly,

he enjoyed and celebrated their success almost as much as they did. Several protégés held State or national titles but he never had a national open champion or an olympian. Frustratingly, some elite performers were lured to other sports. In 2001, Vic won an Australia Day Senior of the Year award for his work in sport and recreation. He liked to be acknowledged, but hated any real attention, perhaps too fine a line to tread for his many admirers. Despite failing health for the last three or four years, Vic continued to coach until the week that he died. Vic Nolan died in Perth in late June, aged 81. The quiet achiever departed without family nearby but would have been delighted by the vast athletics family that supported him to the end.

Murray King

The author's three children were trained under Vic Nolan.

2008/2009 AUDIT REPORT

**INDEPENDENT AUDIT REPORT
TO THE MEMBERS OF WESTERN AUSTRALIAN ATHLETICS COMMISSION INC**

FINANCIAL STATEMENTS AND REPORTS 2008/2009

(The accompanying Notes form part of these Financial Statements.)

WESTERN AUSTRALIAN ATHLETICS COMMISSION (Inc.)

BALANCE SHEET As at 30 June 2008

	NOTE	2008 \$	2007 \$
CURRENT ASSETS			
Cash		70 425	81 941
Receivables	2	41 139	30 936
Inventories		7 088	7 181
		-	417
<i>Total Current Assets</i>		118 652	120 475
NON-CURRENT ASSETS			
Plant and Equipment	3	10 400	16 129
<i>Total Non-Current Assets</i>		10 400	16 129
TOTAL ASSETS		129 052	136 604
CURRENT LIABILITIES			
Creditors and Borrowings		17 493	13 111
<i>Total Current Liabilities</i>		17 493	13 111
NON-CURRENT LIABILITIES			
Provision for Long Service Leave		15 333	14 000
<i>Total Non -Current Liabilities</i>		15 333	14 000
TOTAL LIABILITIES		32 826	27 111
NET ASSETS		96 226	109 493
ACCUMULATED FUNDS			
Balance 1 July 2007		109 493	91 785
Excess of expenditure over income for the year		(13 267)	17 708
TOTAL MEMBERS' EQUITY		96 226	109 493

FINANCIAL STATEMENTS AND REPORTS 2008/2009

(The accompanying Notes form part of these Financial Statements.)

WESTERN AUSTRALIAN ATHLETICS COMMISSION (Inc.)

INCOME AND EXPENDITURE STATEMENT FOR THE YEAR ENDED 30 JUNE 2008

	2008	2007
	\$	\$
INCOME		
Accommodation and travel	32 254	49 389
Canteen income	3 421	3 521
Clothing and uniforms	20 950	6 187
Competition fees	44 942	43 098
Equipment hire	14 137	22 371
Government grants	186 145	174 400
Grants – Athletics Australia	17 230	25 500
Interest received	7 204	4 869
Registration fees	17 770	19 167
Spectator fees	2 174	9 655
Sponsorship	129 124	134 234
Sundry income	4 802	2 508
TOTAL INCOME	480 153	494 899
EXPENDITURE		
Accounting and audit fees	11 332	8 830
Advertising	377	5 828
Bad debts	943	3 333
Bank charges	-	851
Coaching	10 122	7 842
Cleaning	1 520	1 520
Clothing and uniforms	26 448	2 580
Competition fees	4 282	3 498
Computing	2 401	2 080
Consultancy	19 493	21 194
Depreciation	8 059	10 414
Donations	3 000	3 709
Electricity	1 011	781
Electronic timing	10 531	5 791

FINANCIAL STATEMENTS AND REPORTS

2008/2009

(The accompanying Notes form part of these Financial Statements.)

	2008	2007
	\$	\$
Food and beverage	15 466	14 176
Fringe benefits tax	6 664	8 733
General expenses	3 340	1 865
Grant expenditure	1 000	-
Hire grounds and equipment	17 916	11 292
Honorarium	-	1 740
Insurances	2 981	12 760
Legal costs	508	-
Long service leave provision	1 333	14 000
Meetings	2 480	1 035
Motor vehicle expenses	26 779	24 000
Plant and equipment (sundry)	809	1 335
Postage and courier fees	3 304	2 804
Printing/stationary/copier	13 741	20 921
Prize money	3 880	4 932
Promotions	1 284	10 225
Purchases	6 557	2 876
Registration numbers/cards	2 975	3 355
Rent	5 000	5 000
Repairs and maintenance	5 589	3 029
Report expenses	2 472	-
Salaries	60 000	60 000
Sponsorship	28 356	18 632
Staff training	64	1 186
Subscription fees/conferences	1 877	1 805
Superannuation	14 597	12 658
Telephone and fax	10 826	11 120
Travel and accommodation	72 252	86 497
Trophies	6 442	6 316
Wages	75 409	56 648
TOTAL EXPENDITURE	493 420	477 191
NET (LOSS)/INCOME	(13 267)	17 708

FINANCIAL STATEMENTS AND REPORTS

2008/2009

(The accompanying Notes form part of these Financial Statements.)

WESTERN AUSTRALIAN ATHLETICS COMMISSION (Inc.)

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2008

NOTE: 1

STATEMENT OF ACCOUNTING POLICIES

These Financial Statements are a special purpose financial report prepared in order to satisfy the accounts preparation requirements of the Commission's constitution. The Board has determined that the Commission is not a reporting entity as defined in Statement of Accounting Concepts 1: Definition of the Reporting Entity, and therefore, as there is no requirement to apply accounting concepts or standards in the preparation and presentation of these statements, none have been adopted.

The statements have been prepared in accordance with the requirements of the Commission's constitution.

The statements are prepared on the basis of historic costs and do not take into account changing money values or, except where specifically stated, current values of non current assets.

(a) **Income Tax**

The Commission is a non-profit body incorporated for the sole purpose of promoting and coordinating the sport of athletics in Western Australia. As such, the Commission is not subject to income tax in Australia.

(b) **Plant and Equipment**

The depreciable amounts of all fixed assets are depreciated over the useful lives commencing from the time the asset is ready for use. The carrying amount of fixed assets is reviewed annually by the Board to ensure it is not in excess of the recoverable amount of those assets.

FINANCIAL STATEMENTS AND REPORTS 2008/2009

(The accompanying Notes form part of these Financial Statements.)

NOTE: 2 2008 2007
\$ \$

RECEIVABLES

Debtors	41 139	30 936
---------	--------	--------

NOTE: 3

OFFICE FURNITURE AND EQUIPMENT

Office furniture and equipment at cost	52 523	52 523
<i>Less accumulated depreciation</i>	49 526	48 075
	2 997	4 448

PLANT AND EQUIPMENT

Athletic plant and equipment at cost	72 892	70 562
<i>Less accumulated depreciation</i>	65 489	58 881
	7 403	11 681

WRITTEN DOWN VALUE

	10 400	16 129
--	--------	--------

NOTE: 4

The sponsorship revenue from Healthway is \$70 000.

FINANCIAL STATEMENTS AND REPORTS 2008/2009

(The accompanying Notes form part of these Financial Statements.)

WESTERN AUSTRALIAN ATHLETICS COMMISSION (Inc.)

STATEMENT BY THE BOARD

Provided by Wayne

RESULTS 2008/2009

2008 Pacific School Games (Australian All Schools and Youth Championships)

AIS Athletics Field, Canberra

30.11.2008 – 06.12.2008

Women 12 Years

100M: Heat 1: (w: 3.6) 7. Kristina Batt, WA, 13.99 Heat 2: (w: 2.6) 9. Cassandra Catley, WA, 16.19; Heat 3: (w: 2.3) 7. Ashlee Hansen, WA Heat 4: (w: +0.0) 7. Keely Johnson, WA, 14.33

200M: Heat 1: (w: 3.5) 6, Kristina Batt, WA, 29.21. Heat 2: (w: 3.9) 4, Emily Jackson, WA, 27.62q. Heat 3: (w: 1.9) 5, Jazmin Buck, WA, 28.28.

200M: Semi Final Heat 2: (w: 1.8) 6, Emily Jackson, WA, 28.02.

800M: Heat 1: 1. Sabrina Vorster, WA, 2:23.79Q Heat 3: 3. Emily Jackson, WA, 2:18.94q

800M: Final 3. Emily Jackson, WA, 2:20.18; 5. Sabrina Vorster, WA, 2:22.12

Discus: 17. Kristina Batt, WA, 24.20m; 18. Ashlee Hansen, WA, 24.12m; 19. Ruby Schulz-Todd, WA, 22.62m

Shot Put: 13. Ruby Schulz-Todd, WA, 8.49m, 18. Kristina Batt, WA, 7.78m, 20. Cassandra Catley, WA, 7.36m.

High Jump: 15, Keely Johnson, WA, 1.45m. 20, Kate Holt, WA, 1.25m.

Long Jump: 2. Ashlee Hansen, WA, 4.71m, w:4.3; 3. Christina Da Rui, WA, 4.56m, w:3.1

Women 13 Years

100M: Heat 3: (w: 1.9) 7. Breeanna-Eve Smylie, WA, 13.94 Heat 4: (w: 1.4) 2. Rhiannon Ormsby, WA, 12.69Q

100M: Semi Final: Heat 2: (w: 4.9) 4. Rhiannon Ormsby, WA, 12.58q

100M Final: Section 1: (w: 4.0) 6. Rhiannon Ormsby, WA, 12.62

200M: Heat 1: (w: 0.2) 4. Lauren Kiamtia, WA, 28.43 Ogden, NT, Heat 3: (w: 1.0) 1. Brooke Pires-Parenzee, WA, 25.04Q.

200M: Semi Final: Heat 2: (w: -0.7) 2. Brooke Pires-Parenzee, WA, 25.49Q

400M: Heat 1: 1, Jade Bogle, WA, 58.88Q. Heat 2: Kyana Collard, WA, DQ. Heat 3: 4, Jessica Jason, WA, 61.37. Heat 4: 1. Brooke Pires-Parenzee, WA, 59.84Q.

400M: Semi Finals: Heat 1: 1. Jade Bogle, WA, 57.88Q Heat 2: 1. Brooke Pires-Parenzee, WA, 58.04Q

400M: Final: 1, Brooke Pires-Parenzee, WA, 57.58. 2, Jade Bogle, WA, 57.91

800M: Heat 2: 1.6. Jessica Jason, WA, 2:28.13 Heat 3: 6. Jade Bogle, WA, 2:28.75

1500M: 18 Kyana Collard, WA, 5:32.94

80M: Hurdles: Heat 3: (w: 1.1) 4, Gina Natale, WA, 13.33. 5 Heat 4: (w: 1.8) 4, Rhiannon Ormsby, WA, 13.07q.

80M: Hurdles Semi Final: Heat 2: (w: 1.5) 8. Rhiannon Ormsby, WA, 14.34.

1500M Race Walk: 12. Kate Holt, WA, 7:47.42, 22. Emily King, WA, 8:23.34

Triple Jump: Section 2: 2, Rhiannon Ormsby, WA, 11.27m, w:2.3.

Long Jump: Section 1: 2. Rhiannon Ormsby, WA, 5.38m, w:+0.0

High Jump: 15. Rhiannon Ormsby, WA, 1.50m 18. Ashleigh Pruitt, WA, 1.40m.

Discus: 17. Gina Natale, WA, 22.75m; 18. Rebecca Plackett, WA, 21.70m

Javelin: 10. Kristina Batt, WA, 22.60m; 11. Rebecca Plackett, WA, 22.35m

Shot Put:21. Rebecca Plackett, WA, 7.78m; 22. Melissa Hasluck, WA, 6.52m.
4x100 Metre Relay:5. WA 'A' (Rhiannon Ormsby 95, Brooke Pires-Parenzee 95, Gina Natale 95, Breeanna-Eve Smylie 95), 50.69;

Women 14 Years

100M: Heat 2: (w: -1.2) 5. Kenna Stables, WA, 13.31, Heat 4: (w: +0.0) 2. Amanda Filippou, WA, 12.78Q.
100M: Semi Final:Girls: Heat 2: (w: 1.0) 5. Amanda Filippou, WA, 12.72
200M: Heat 1: (w: -1.0) 6. Kenna Stables, WA, 26.17 Heat 2: (w: -0.3) 5. Amanda Filippou, WA, 26.36
800M: Heat 2: 9. Sharnee Vigors, WA, 2:31.44; Heat 3: 1. Rachel McCormick, WA, 2:14.83Q
800M: 3, Rachel McCormick, WA, 2:15.10.
1500M: 17. Sharnee Vigors, WA, 5:08.36
3000M: 20. Janelle Crooks, WA, 11:18.38; 23. Kimberley Hallett, WA, 11:32.90.
2000M: Steeplechase: 13, Kimberley Hallett, WA, 8:26.10.
90M: Hurdles:Heat 2: (w: -0.7) 3. Amy Wolton, WA, 13.64; Heat 3: (w: -0.5) 4. Naomi Henn, WA, 13.70
200M: Hurdles: Heat 1: (w: 1.8) 3, Amy Wolton, WA, 30.00.Heat 2: (w: 3.6) 4, Francesca Da Rui, WA, 30.41 Heat 3: (w: 3.7) 4, Naomi Henn, WA, 29.91q
200M: Hurdles: Final: 5. Naomi Henn, WA, 30.02; .
High Jump: 9. Kate Sexton, WA, 1.61m
Triple Jump :2. Loughlyn Webb, WA, 11.89m, w:4.5 4. Francesca Da Rui, WA, 11.68m, w:3.6
Shot Put: 3. Titilayo Wright, WA, 11.63m 15. Lily Fardella, WA, 8.16m
Discus: 6. Titilayo Wright, WA, 35.49m, 13. Lily Fardella, WA, 24.27m
Javelin: 4, Titilayo Wright, WA, 35.62m. 10, Lily Fardella, WA, 30.12m.

Girls 15 Years:

100M:Heat 1: (w: -0.3) 5. Karina Zilm, WA, 13.09 Heat 2: (w: -0.4) 5. Julia Phillips, WA, 13.34 Heat 4: (w: -0.5) 4. Jasvir Kang, WA, 13.03
200M: Heat 2: (w: -0.3) 3. Karina Zilm, WA, 26.05Q
200M: Semi Final:Heat 2: (w: -0.9) 7. Karina Zilm, WA, 26.34.
400M:Heat 1: 4. Louise Mulvey, WA, 59.04
800M:Heat 1:2. Catherine Van Der WAlt, WA 2:14.22Q Heat 3: 3. Louise Mulvey, WA, 2:17.51
800M: 1, Catherine Van Der WAlt, WA, 2:15.40.
1500M: Section 1: 2. Catherine Van Der WAlt, WA, 4:38.10
90M: Hurdles: Heat 1: (w: -0.8) 5. Nicola Earls, WA, 14.19
200M: Hurdles:8, Erica Langenberg, WA, 33.15.
High Jump: 3.Tessa Maroni, WA, 1.73m; 18. Julia Phillips, WA, 1.50m.
Triple Jump: 11, Jasvir Kang, WA, 11.09m, w:1.8.
Shot Put: 12, Shawnee Roberts, WA, 10.94m.
Javelin: Section 1: 1, Concetta Macri, WA, 40.19m.
Discus: 11. Nicola Earls, WA, 32.60m; 12. Concetta Macri, WA, 31.52m
4x200M: Relay: 6, WA 'A' (Amanda Filippou 94, Francesca Da Rui 94, Naomi Henn 94, Kate Sexton 94), 1:46.81.

Women 16 Years:

100M: Heat 1: (w: 0.3) 4. Madison Norup, WA, 12.60 Heat 3: (w: -0.4) 4. Aisha Collymore, WA, 12.77

200M: Heat 1: (w: -1.4) 4. Madison Norup, WA, 25.68q
200M: Semi Final:Heat 2: (w: 0.9) Madison Norup, WA, DQ.
400M: Heat 2: 7. Sheree Boase, WA, 72.66;
800M: Heat 1: 8. Hannah Castle, WA, 2:22.64; Heat 2: 6. Chavon Livey, WA, 2:25.15.
1500M: 9, Hannah Castle, WA, 4:55.49. 12, Chavon Livey, WA, 5:11.15.
3000M: Section 1: 10, Hannah Castle, WA, 10:50.33. 12, Charlotte Lane, WA, 11:34.85.
100M: Hurdles: Heat 1: (w: 3.0) 4, Celina Sternal, WA, 14.75. Heat 3: (w: 2.3)5, Olivia Beor, WA, 14.88.
400M: Hurdles: Heat 1: 7, Sheree Boase, WA, 76.73.
Long Jump: 12. Olivia Beor, WA, 5.04m, w:0.9
Triple Jump: 10. Aisha Collymore, WA, 10.76m, w:+0.0; 11.
Javelin: 3. Samantha Fenwick, WA, 40.17m, 6. Sheree Boase, WA, 38.31m, 8. Aisha Collymore, WA, 36.05m
Shot Put: 10. Ashleigh Cockman, WA, 10.21m; 11. Samantha Fenwick, WA, 9.86m
4x100M: Relay: WA 'A' (Aisha Collymore 92, Jasvir Kang 93, Nicola Earls 93, Julia Phillips 93), DQ
4x200M: Relay: 7, WA 'A' (Louise Mulvey 93, Hannah Castle 92, Chavon Livey 92, Karina Zilm 93), 1:51.06

Women 17 Years:

100M: Heat 2: (w: 1.0) 3. Brianna Beahan, WA, 12.30Q 6. Rebecca La Maitre, WA, 12.71 9. Courtney Stubbs, WA, 13.22.
400M:Heat 1: 2. Ashlyn Chiera, WA, 57.78Q
400M: 8, Ashlyn Chiera, WA, 59.64.
800M: Heat 1: 4. Tess Kauffman, WA, 2:20.32q Heat 2: 7. Chantel Weerasekera, WA, 2:33.56.
1500M: 11, Loren Hadwiger, WA, 5:14.44.
3000M: 10, Alicia Hallett, WA, 11:28.90.
100M: Hurdles: Heat 1: (w: 1.4) 1, Brianna Beahan, WA, 13.54Q. Heat 2: (w: 2.1) 9, Courtney Stubbs, WA, 16.20.
100M: Hurdles Final: Section 1: (w: -0.5) 1. Brianna Beahan, WA, 13.62.
400M: Hurdles: Heat 1: 2, Ashlyn Chiera, WA, 65.29Q. Heat 2: 5, Chantel Weerasekera, WA, 70.89. Heat 3: 7, Jessie Newton, WA, 1:20.25.
400M: Hurdles Final: 2. Ashlyn Chiera, WA, 62.88
Long Jump: 1. Meggie Ostle, WA, 5.79m, w:-0.6 5. Lauren Brophy, WA, 5.49m, w:NWI
Triple Jump: 7. Lauren Brophy, WA, 11.21m, w:-0.1; 8. Sinta Wardana, WA, 11.12m, w:-0.3 :
Javelin: 10. Courtney Stubbs, WA, 28.83m; 11. Ashleigh Bailey, WA, 26.55m.
Shot Put: 5. Ashleigh Bailey, WA, 10.76m 9. Rebecca La Maitre, WA, 8.62m.
Hammer: 3. Ashleigh Bailey, WA, 39.29m
4x100M: Relay: 4. WA 'A' (Ashlyn Chiera 91, Courtney Stubbs 91, Sinta Wardana 91, Rebecca La Maitre 91)
4x400 Metres Relay: 5, WA 'A' (Jessie Newton 91, Tess Kauffman 91, Chantel Weerasekera 91, Ashlyn Chiera 91), 4:17.63.

AMBULANT RESULTS

Women 14/15 Years:

Javelin: 1. Charna Heinen, WA, 11.64m
Discus:5. Charna Heinen, WA, 17.53m.
Long Jump: Section 1: 5, Shenae Byawters, WA, 2.73m, w:0.6. 6, Charna Heinen, WA, 2.29m, w:1.6.

200M: Section 2: (w: 1.7) 3, Shenae Bywaters, WA, 36.21
Shot Put: 5, Charne Heinen, WA, 6.28m

Women 16/17 Years:

400M: 3. Kristy Marsiglia, WA, 1:24.27
Javelin: Section 1: 1. Shianna Jennings, WA, 12.59m
100M: Section 2: (w: 0.1) 6. Ella McFarlane, WA, 16.08;
Section 3: (w: 2.0) 6. Rebecca Payne, WA, 17.21
Discus: Section 1: 2. Shianna Jennings, WA, 16.76m
800M: Section 1: 6, Kristy Marsiglia, WA, 3:16.52.
Long Jump: Section 1: 9, Rebecca Payne, WA, 3.09m, w:1.5. 10
200M: Section 1: (w: 3.8) 8, Kristy Marsiglia, WA, 36.79. Section 2: (w: 1.5) 6,
Rebecca Payne, WA, 37.55.
Shot Put: 4, Shianna Jennings, WA, 7.91m. 7, Ella McFarlane, WA, 4.17m

Women 18/19 Years:

Javelin: 2. Jamie Jones, WA, 9.60m; 3. Jesse Hay, WA, 7.26m.
400M: 2. Elizabeth Ellis, WA, 2:05.03.
100M: Section 1: (w: 2.9) 1. Ella Parady, WA, 14.36; 4. Elizabeth Ellis, WA, 18.68.
Discus: Section 1: 2. Jamie Jones, WA, 15.90m; 3. Jesse Hay, WA, 9.57m.
Long Jump: Section 1: 1, Elizabeth Ellis, WA, 1.96m, w:2.1. 2, Jesse Hay, WA, 1.92m,
w:1.9.
200M: Section 1: (w: 4.0) 1, Ella Parady, WA, 30.13. 4, Elizabeth Ellis, WA, 43.79.
4x100M Relay: 2, WA 'A' (Shenae Bywaters 94, Rebecca Payne 91, Kristy Marsiglia
91, Ella Parady 90), 65.63.
Shot Put: 2, Jamie Jones, WA, 4.65m. 3, Elizabeth Ellis, WA, 1.61.

Men 12 Years

100M: Heat 1: (w: 1.5) 3. Tongchai Quartermaine, WA, 12.67Q Heat 2: (w: 1.6) 5. Jean-
Charl Smith, WA, 12.95 Heat 4: (w: 1.0) 3. Joshua Billington, WA, 12.76Q; 4. Joel
Lamatoa, WA, 13.18
100M: Semi Final: Heat 1: (w: 6.6) 7. Joshua Billington, WA, 12.64 Heat 2: (w: 3.7) 6.
Tongchai Quartermaine, WA, 12.36
200M: Heat 3: (w: 5.1) 4, Joshua Billington, WA, 26.17q Heat 4: (w: 4.0) 3, Tongchai
Quartermaine, WA, 25.75Q.
200m: Semi Finals: Heat 1: (w: 0.9) 6, Tongchai Quartermaine, WA, 26.06. 7, Joshua
Billington, WA, 26.44.
800M: Heat 1: Mason Metselaars, WA, DQ; Heat 2: 6. Joshua Claite, WA, 2:34.29
Shot Put: 7, Blake Phillips, WA, 12.35M:
Discus: Jean-Charl Smith, WA, 38.25m 18. Blake Phillips, WA, 26.98m
Long Jump: 4. Joel Lamatoa, WA, Section 2: 1. Joshua Billington, WA, 5.36m, w:5.4, 2.
Tongchai Quartermaine, WA, 5.20m, w:5.3
High Jump: 15, Joshua Billington, WA, 1.40m.
4x100 Metres Relay: 3. WA 'A' (Joel Lamatoa 96, Joshua Billington 96, Jean-Charl
Smith 96, Tongchai Quartermaine
96), 49.51

Men 13 Years

100M: Heat 1: (w: 1.1) 8. Brody McInerney, WA, 12.68 Heat 2: (w: 1.3) 8. Dylan Smith,
WA, 13.49; Heat 3: (w: 2.1) 7. Cambell King, WA, 12.29 Heat 4: (w: 1.1) 5. Rhys
Tucker, WA, 12.32;

200M:Heat 1: (w: -0.2) Rhys Tucker, WA, DQ;
400M:Heat 3: 5, Brody McInerney, WA, 58.89.
800M:Heat 1: 6. Jordan Makins, WA, 2:18.78 Heat 2: 7. Guy Kalma, WA, 2:19.67
1500M:5. Jordan Makins, WA, 4:31.18; 11. Guy Kalma, WA, 4:39.38
1500M Race Walk:2. Jacob Dib, WA, 7:13.84
90M: Hurdles:Heat 1: (w: 1.1) 3, Dylan Smith, WA, 13.55q Heat 3: (w: 1.0) 6, Cambell King, WA, 13.89.
90M: Hurdles Final: 8. Dylan Smith, WA, 13.94.
Long Jump: 7. Rhys Tucker, WA, 5.08m,
Triple Jump: 10, Brody McInerney, WA, 10.81m, w:5.1.
Discus: 15. Jacob Dib, WA, 33.20m
Javelin: 12. Jacob Dib, WA, 33.38m;

Men 14 Years:

100M:Heat 1: (w: -0.5) 8. Luke Major, WA, 12.52 Heat 2: (w: -0.5) 4. Michael Craggs, WA, 11.99q Heat 3: (w: -1.1) 6. Daniel Monaco, WA, 12.44 Heat 4: (w: 0.2) 6. Murray Bowman, WA, 12.28
100M: Semi Final Heat 2: (w: 1.1) 7. Michael Craggs, WA, 11.84 200M:Heat 3: (w: -2.4) Michael Craggs, WA, DQ;
400M:Preliminaries:Mason Zappavigna, WA, DQ.
Heat 3: 3, Lionel Velho, WA, 53.47q.
800M:Heat 1: 1. Lionel Velho, WA, 2:04.76Q Heat 2: 1. Tim Pitcher, WA, 2:01.12 Heat 3: 6. Mason Zappavigna, WA, 2:10.04.
800M: 1, Tim Pitcher, WA, 2:01.24. 2, Lionel Velho, WA, 2:01.95.
1500M: 13. Brian Cook, WA, 4:34.33; 14. Matt Benson-Cooper, WA, 4:43.71
2000M: Steeplechase: 9, Brian Cook, WA, 6:48.41. 16, Matt Benson-Cooper, WA, 7:23.95.
3000M:14. Brian Cook, WA, 9:59.27; 15. Matt Benson-Cooper, WA, 10:40.42.
100M: Hurdles:Heat 2: (w: 0.8) 7. Luke Major, WA, 15.10; Heat 3: (w: +0.0) 4. Jason HoWard, WA, 14.46
200M: Hurdles:Heat 2: (w: 2.0) Jason Howard, WA, DQ. Heat 3: (w: 3.6) 1, Michael Craggs, WA, 25.58Q
200M: Hurdles Final: Section 1: (w: -0.1) 1. Michael Craggs, WA, 25.43;
High Jump: 9. Ashley Spratt, WA, 1.75m
Long Jump: 6. Michael Craggs, WA, 6.14m, w:1.8; 9. Daniel Monaco, WA, 5.87m, w:0.6:
Triple Jump 6. Daniel Monaco, WA, 12.72m, w:0.7; 8. Ashley Spratt, WA, 12.22m, w:-1.3;
Shot Put: 11. Jevon Proctor, WA, 14.03m; 15. Jared Lamatoa, WA, 12.92m;
Discus: 9. Jevon Proctor, WA, 45.78m 14. Jared Lamatoa, WA, 41.22m
Javelin: 4. Jared Lamatoa, WA, 52.13m 7. Darren HoWard, WA, 46.68m
Hammer: 8, Jevon Proctor, WA, 35.63m. 9, Jason Howard, WA, 35.40m.

Men 15 Years:

100M:Heat 1: (w: -0.2) 3. Jordan Dobson, WA, 11.41Q HEAT 2: (w: -0.3) 8. Stuart Berryman, WA, 11.98 Heat 3: (w: -0.3) 7. EWAn Whitley, WA, 12.15 Heat 4: (w: -0.8) 7. Duncan Bradbury, WA, 12.09
100M: Final: 5. Jordan Dobson, WA, 11.08
200M:Heat 1: (w: 0.2) Ewan Whitley, WA, DQ; Heat 4: (w: -0.3) 4. Hayden Yates, WA, 23.29q.
200M: Semi Final:Heat 1: (w: 0.6) 5. Hayden Yates, WA, 22.97

400M: Heat 2: 3. Hayden Yates, WA, 51.32q Heat 3: 6. Raheen Williams, WA, 52.92
800M: Heat 2: 7. Hayden Yates, WA, 2:01.68; Heat 3: 8. Eoghan Curtin, WA, 2:03.81
1500M: 5. James Davidson, WA, 4:11.83 13. Alastair Henderson, WA, 4:28.17
3000M: 3. James Davidson, WA, 9:03.56; 16. Simon Marsiglia, WA, 10:14.20
2000M: Steeplechase: 16, Alastair Henderson, WA, 7:02.39. 17, Simon Marsiglia, WA, 7:19.63.
100M: Hurdles: Heat 1: (w: -1.0) 2. Jordan Dobson, WA, 13.34Q Heat 2: (w: 1.1) 4. Duncan Bradbury, WA, 14.31 Heat 3: (w: 0.8) 4. Stuart Berryman, WA, 14.26
100M: Hurdles: 2. Jordan Dobson, WA, 13.20;:
200M: Hurdles: Heat 2: (w: 3.8) 6, Stuart Berryman, WA, 28.10.
High Jump: 12. Raheen Williams, WA, 1.80m;
Long Jump: 6. Jordan Dobson, WA, 6.60m, w:3.2;
Javelin: 3, Jarrad Offer, WA, 53.09m.
Shot Put: 4. Jordan Dobson, WA, 16.27m; 18. Duncan Bradbury, WA, 13.84m
Hammer: 7, Duncan Bradbury, WA, 36.14m. 11, Harley Chapman, WA, 24.82m.
4X200M: Relay: 7, WA 'A' (Daniel Monaco 94, Murray Bowman 94, Jason Howard 94, Michael Craggs 94), 1:36.30.

Men 16 Years:

100M: Semi Final: Heat 1: (w: 2.0) 3. Andrew Emsavana, WA, 11.02Q
100M: Final: Section 1: (w: 5.0) 3. Andrew Emsavana, WA, 10.82
200M: Heat 2: (w: 0.3) 2. Jacob Pritchard, WA, 22.59Q; Heat 3: (w: -1.5) 1. Andrew Emsavana, WA, 22.07Q
400M: Heat 1: 4. Jacob Pritchard, WA, 51.96 Heat 3: 3. Christopher Punch, WA, 49.47q
800M: Heat 2: 3. Christopher Punch, WA, 1:59.12Q
1500M: 9, Samuel McEntee, WA, 4:16.53.
3000M: 6, Ethan Heywood, WA, 8:55.66. 16, Reuben Brennan, WA, 9:58.08.
5000M: Race Walk: 2. Sean Fitzsimons, WA,
110M: Hurdles: Heat 2: (w: 3.2) 3, Andrew Emsavana, WA, 14.06q. Heat 3: (w: 1.3) 6, Joshua Webster, WA, 15.16.
110M: Hurdles: Final: Section 1: (w: -0.3) 5. Andrew Emsavana, WA, 14.30
400M: Hurdles: Heat 1: 5, Jeremy Andrews, WA, 58.81. Heat 2: 1, Raheen Williams, WA, 54.82Q. Heat 3: 6, Joshua Webster, WA, 62.17. 7, Jordann Sampson, WA, 62.79.
400M: Hurdles: Final: Section 1: 1. Raheen Williams, WA, 54.19
Long Jump: Section 2: 1, Andrew Emsavana, WA, 6.95m, w:3.7. 5, Jeremy Andrews, WA, 6.53m, w:2.6.
Triple Jump: Section 1: 7. Joshua Webster, WA, 12.80m
Section 2: 4. Jeremy Andrews, WA, 13.24m, w:NWI
High Jump: Jordann Simpson, WA, NH; --. Matthew Sampson, WA, NH
Hammer: 6. Bryan Reyes, WA, 36.27m, 9. Luke Vincent, WA, 25.71m
Javelin: 9. Bryan Reyes, WA, 49.01m, 11. Luke Vincent, WA, 45.02m
Discus: Section 1: 11. Luke Vincent, WA, 42.13m, 13. Bryan Reyes, WA, 40.64m
Shot Put: 7. Luke Vincent, WA, 16.18m; 14. Bryan Reyes, WA, 11.28m.
4x100M: Relay: 4. WA 'A' (Adam Hall 92, Andrew Emsavana 92, Jeremy Andrews 92, Clayton D' Souza 92), 43.51q
4x100M: Relay Final: 4. WA 'A' (Adam Hall 92, Andrew Emsavana 92, Jeremy Andrews 92, Clayton D' Souza 92), 43.18
4x200M: Relay: 5, WA 'A' (Hayden Yates 93, Jordan Dobson 93, Stuart Berryman 93, Raheen Williams 93), 1:31.22.

Men 17 Years:

200M:Heat 1: (w: -1.5) 1. Aaron Oliver, WA, 21.64
200M: Semi Final: Heat 1: (w: 0.1) 2. Aaron Oliver, WA, 21.94Q
800M: Heat 1: 5. Kenneth Duggan, WA, 2:00.10
1500M: 15, Jarrad Martyn, WA, 4:19.89. 16, Kenneth Duggan, WA, 4:25.37.
300M: 14, Jarrad Martyn, WA, 9:49.27.
110M Hurdles: Heat 2: (w: 1.3) Jarrod Smith, WA, DQ.
Discus: 3. Matthew Cowie, WA, 49.67m
Shot Put: 1. Matthew Cowie, WA, 17.66m

Men 18/19 Years:

100M: Heat 1: (w: 1.0) 1. Jared Bezuidenhout, WA, 10.86Q
100M: Final (w: 5.2) 1. Jared Bezuidenhout, WA, 10.56
200M: Heat 2: (w: -0.3) 1. Jared Bezuidenhout, WA, 21.79Q
110M Hurdles: (w: 1.7) 1. Jared Bezuidenhout, WA, 14.24;
4X400M Relay: 4, WA 'A' (Jared Bezuidenhout 90, Kenneth Duggan 91, Joshua Webster 92, Aaron Oliver 91), 3:24.36.

AMBULANT RESULTS

Men 13 Years:

100M: (w: 3.2) 8. Jake Musarra, WA, 18.31
Long Jump:3, Jake Musarra, WA, 3.24m, w:2.1.
200M: 4, Jake Musarra, WA, 38.03.

Men 14/15 Years:

Javelin: 6. Jaydan Williams, WA, 10.86m; 7. Kadin Dimer, WA, 9.81m.
400M: 5. Joshua Gilbert, WA, 1:30.67; 5. Jaydan Williams, WA, 1:25.46.
100M: Section 2: (w: 2.5) 5. Joshua Gilbert, WA, 15.60; 6. Kadin Dimer, WA, 20.24
Long Jump: Section 1: 7, Joshua Gilbert, WA, 3.10m, w:3.4. 8, Jaydan Williams, WA, 3.08m, w:1.7.
200M: 5, Joshua Gilbert, WA, 36.04. 6, Jaydan Williams, WA, 39.80.
Shot Put: 6, Kadin Dimer, WA, 4.47m.

Men 16/17 Years:

400M: Section 2: 1. Terence Morey, WA, 58.02; 2. Paul Gilbert, WA, 59.27
100M: Section 1: (w: 4.9) 9. Thomas Bird, WA, 17.74; Section 2: (w: 1.9) 7. Tyrone Love, WA, 14.17
Discus: Section 1: 5. Tyrone Love, WA, 14.27m; 7. Thomas Bird, WA, 8.18m.
800M: Section 1: 1, Terence Morey, WA, 2:17.21. 2, Paul Gilbert, WA, 2:19.60.
200M: 4, Terence Morey, WA, 26.55. 5, Paul Gilbert, WA, 26.94
Long Jump: 9, Tyrone Love, WA, 4.19m, w:0.7. 10, Nick Riches, NSW, 3.34m, w:2.1.
Thomas Bird, WA, 2.51m, w:+0.0.
1500M: 2, Paul Gilbert, WA, 4:58.09. 3, Terence Morey, WA, 5:04.38.
Shot Put: 11, Tyrone Love, WA, 6.63m. 13, Thomas Bird, WA, 4.98m.

Men 18/19 Years:

4x100M Relay: 3, WA 'A' (Tyrone Love 91, Jaydan Williams 94, Paul Gilbert 92, Terence Morey 91), 57.92.

2009 National Open & AWD Championships

QEII Stadium, Brisbane

19/03/2009 to 21/03/2009

Women:

100M: Preliminaries: Heat 3: (w: 0.4) 2. Jody Henry, WAIS, 11.76Q.
100 M: Semi-Finals: Heat 2: (w: -0.9) 2. Jody Henry, WAIS, 11.83Q.
100M: (w: -0.1) 4. Jody Henry, WAIS, 11.78.
200 M: Heat 1: (w: -0.9) 1. Jody Henry, WAIS, 24.69Q.
200M: (w: +0.0) 4. Jody Henry, WAIS, 24.40.
800M: 4. Katherine Hancock, WA, 2:12.40. Heat 2: 4. Kelly McGinnity, WA, 2:11.12.
100M Hurdles: Heat 2: (w: -2.1) 3. Shannon McCann, WA, 14.86Q.
100M Hurdles: Final: 6. Shannon McCann, WA, 14.43.
400M Hurdles: Preliminaries: Heat 1: 2. Shannon McCann, WA, 61.52Q. Heat 2: 12, Lyndsay Pekin, WAIS, 60.22Q
400 M Hurdles: Final: 3. Lyndsay Pekin, WAIS, 59.70. Shannon McCann, WA, DNF.
High Jump: 2. Ellen Pettitt, WAIS, 1.84m. 4. Zoe Timmers, WAIS, 1.78m.
Pole Vault: 2. Amanda Bisk, WAIS, 4.20m. 3. Vicky Parnov, WAIS, 4.05m. 3. Elizabeth Parnov, WAIS, 4.05m. 8. Ellen Pearce, WAIS, 3.50m.
Long Jump: 2. Larissa Perry, WAIS, 6.12m, w:0.1.
Triple Jump: 6. Larissa Perry, WAIS, 12.13m, w:2.5.
Javelin: 1. Kimberley Mickle, WAIS, 60.69m.

Men:

100 M: Preliminaries: Heat 1: (w: 0.3) 6. Lucas Mata, WA, 10.74.
800M: Heat 1: 5. Scott Tamblin, WA, 1:51.18. 7. Peter Mondello, WA, 1:52.39. Heat 2: 5. Chris deBoer, WAIS, 1:49.23q.
800: Final: 7. Chris deBoer, WAIS, 1:49.65.
1500M: Heat 1: 9. Sam Burke, WA, 3:57.45.
110M Hurdles: Heat 1: (w: -0.2) 4. Ryan Purcell, WA, 14.87q.
110M Hurdles: Final: Ryan Purcell, WA, DNF.
400M: Preliminaries: Heat 1: 2. Felipe De Castro Cruz, WA, 52.25Q. Heat 2: 1, Dane Richter, WA, 50.64Q.
400M Hurdles: 3. Dane Richter, WA, 51.35. 4. Felipe De Castro Cruz, WA, 51.60.
High Jump: 5. Thomas Brennan, WAIS, 2.11m.
Pole Vault: Michael Leask, WAIS, NH
Triple Jump: 8. Vayios Koudoumakis, WA, 14.29m, w:0.5.
Discus: 14. Randal Humich, WA, 40.30m.
Decathlon: #1 Men 100 Metres U20: 1: (w: -0.8) 1. Courtney Heinze, WA, 11.49.
Decathlon: #5 Men 400 Metres U20: 2. Courtney Heinze, WA, 51.78.
Decathlon: #10 Men 1500 Metres U20: 3. Courtney Heinze, WA, 5:11.10.
Decathlon: #6 Men 110 Metres Hurdles U20: (w: -1.2) 3, Courtney Heinze, WA, 17.39.
Decathlon: #4 Men High Jump U20: 1. Courtney Heinze, WA, 1.79m.
Decathlon: #8 Men Pole Vault U20: 2. Courtney Heinze, WA, 3.20m.
Decathlon: #2 Men Long Jump U20: 3. Courtney Heinze, WA, 6.20m, w:3.2.
Decathlon: #3 Men Shot Put U20: 1. Courtney Heinze, WA, 14.75m.
Decathlon: #7 Men Discus Throw U20: 1. Courtney Heinze, WA, 42.75m.

Decathlon: #9 Men Javelin Throw U20: 2. Courtney Heinze, WA, 47.61m.
Men Decathlon U20: 1. Courtney Heinze, WA, 6273. 5738.

Men U18:

U18: 3000M: 3. Ethan Heywood, WA, 8:58.80.

U18: 2000M Steeplechase: 3. Ethan Heywood, WA, 6:13.93.

Australian Under 20 & 23 Championships
Santos Stadium, Mile End, South Australia
3/04/2009 to 5/04/2009

Women:

U20:

200M: Preliminaries: Heat 1: (w: 0.7). 5. Madison Norup, WA, 25.56.
400M: Preliminaries: Heat 1: 4. Ashlyn Chiera, WA, 58.16q.
800M: Heat 1: 4. Holly Fagan, WA, 2:15.19q. Heat 2: 7. Tess Kauffman, WA, 2:26.63.
800M Final: 8. Holly Fagan, WA, 2:18.53.
100M Hurdles: (w: -1.1) 1. Brianna Beahan, WAIS, 14.48.
400M Hurdles: Heat 1: 5. Rebecca O'Kane, WA, 74.94. Heat 2: 2. Ashlyn Chiera, WA, 66.11Q.
3000M Steeplechase: 3. Loren Hadwiger, WA, 11:55.78.
High Jump: 8. Tessa Maroni, WA, 1.65m
Pole Vault: 1. Elizabeth Parnov, WAIS, 4.00m. 3. Ellen Pearce, WAIS, 3.80m.
Hammer Throw: 9. Ashleigh Bailey, WA, 36.57m.
Javelin: 2. Samantha Fenwick, WA, 42.53m.

U23:

200M: Heat 1: (w: -0.7) 4. Joanne Stannard, WA, 24.97.
800M: 6. Monique Hollick, WA, 2:12.60.
100M Hurdles: (w: 0.4) 1. Shannon McCann, WA, 14.16.
High Jump: 2. Zoe Timmers, WAIS, 1.79m.
Pole Vault: 1. Jamie Scroop, WA, 3.70m.
Triple Jump: 2. Larissa Perry, WAIS, 12.12m, w:0.4. 5. Tenika Demamiel, WA, 12.00m, w:1.5.

Men:

U20:

200M: Heat 1: (w: -2.7) 3. Jared Bezuidenhout, WAIS, 22.38Q. Heat 2: (w: 1.5) 6. Mitchell Zilm, WA, 23.12.
200M: 4. Jared Bezuidenhout, WAIS, 22.11.
1500M: Preliminaries: Heat 1: 6. Ethan Heywood, WA, 4:05.21.
5000M: 2. Ethan Heywood, WA, 15:20.95
Long Jump: 1. Anthony Lipari, WA, 7.19m, w:+0.0. 5. Mitchell Zilm, WA, 6.81m, w:1.0. 8. Brendan Crowe, WA, 6.47m, w:0.4.
Shot Put: 1. Matthew Cowie, WAIS, 17.29m.
10000M Race Walk: 3. Sean Fitzsimons, WA, 46:33.28.

U23:

200M: (w: -2.0) 8. Peter Drzal, WA, 22.69.
3000M Steeplechase: 4. Julian Lennon, WA, 10:02.62.
Pole Vault: 1. Luke Devenish, WA, 4.70m.